

MASONROSE

JOALI Being, Bodufushi Island

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### KEY FACTS

Born from the eco-friendly hospitality brand JOALI and its core philosophy of the 'joy of living', JOALI Being is a sustainable well-being island retreat - immersed in the nature of Bodufushi island within the Raa Atoll. It is the first dedicated wellbeing-immersive sanctuary in the Maldives and engages in lifetime community-driven practises.

JOALI evokes a physical, mental, emotional and spiritual experience of weightlessness - where one can feel light, free and joyful. JOALI brings a new wellbeing concept to the Maldives that fuses both traditional and modern methods from around the world. The retreat offers a truly personalised holistic approach to authentic wellbeing and encourages guests to reach a feeling of weightlessness.

JOALI Being is home to 69 private water and beach villas and a wellbeing centre, ARECA, which offers a menu of immersive experiences and services that are tailored to an individual's level of well-being. Facilities include

experiential thermal circuits, over 30 high-spec treatment rooms, premium treatment suites, specialised therapeutic and alternative healing spaces and a well equipped fitness facility and flexible studio spaces. Aktar, a lifestyle boutique, stocks sustainable products and brands and has a collaboration with a herbal farm, which supplies alternative herbal medicine.

JOALI Being provides a thorough and flexible programme that focuses on the individual with long-term goals in mind - featuring results-driven treatments, diagnostic services, personalised fitness and educational itineraries, targeted packages, and diverse, healthy food and beverage offerings tailored and suited towards all diets - vegans, vegetarian, pescatarian etc. The highly personalised and responsive programmes are based on the body's four pillars - brain, gut, energy and skin.

High-level specialists, such as naturopaths, ayurvedic doctors and nutritionists will be assigned and responsible for a roster of guests throughout the duration of their stay.



