

ANYA ON TRAVEL



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Travel as well as you can afford. It's worth it.

Designer Anya Hindmarch MBE is famed for her unique handbag and luggage collections.

TR *Your favourite hotels and why?*

AH I travel a lot for business in the Far East and my favourite hotel is the Park Hyatt in Tokyo. It has breathtaking views of the city and Yoyogi Park. Another favourite but for personal reasons is the Hôtel du Cap in Cap Ferrat as it is where I married my husband James. It has the most divine saltwater swimming pool with the most amazing swimming teacher. He has been there forever and has taught the most incredible people to swim from the David Niven days. He feels like a bit of history and has taught all my kids to swim.

TR *Your favourite restaurants when travelling and anything special on the menu that you always order or recommend?*

AH Freemans in New York is such a great restaurant. So low-key and tucked away at the end of Freeman Alley in the Lower East Side, it really does feel as though you are discovering a place no one else knows about. And the food is divine. I have enjoyed a few late nights here with friends – it is so cosy it is difficult to leave.

TR *What do you love and hate about travelling?*

AH As a designer, travelling is essential in giving me inspiration for my collections, whether it is a beautiful building or an intricate tile. I hate travelling without my children but it means they get great presents when I get home.

TR *Whose recommendations do you trust?*

AH I tend to go with friends' recommendations and I am forever ripping things out from magazines.



ZIP IT!

Use Anya Hindmarch 'loose pockets' to organise your money, one for each currency and one for each cities receipts. It makes it so much easier on your return.

Available exclusively online: anyahindmarch.com

Anya's

WORDS OF TRAVEL WISDOM...

1 SLEEP EASY
Take Aromatherapeutics sleep enhancer to inhale in-flight as it helps you to sleep



2 FEEL FRESH
Try to fly during the day if you can. Melatonin helps me sleep when I am jet lagged and doesn't make you feel groggy



3 CARRY ON
Take a great tote bag in flight with a little 'comfort kit' your own socks, eyeshades, moisturiser, eye cream etc

